

In the News

Link below is for article that appeared on November 20th in the *Daily Hampshire Gazette*, which covers news in the Leeds, MA area, where Mr. Raschilla obtains services from his local VA facility. See <http://www.gazettenet.com/search/2318827-95/says-raschilla-bike-caracciolo>

This article was part of a series focusing on PTSD, so while it focused on the cycling strategies Mr. Raschilla uses for managing his PTSD, see the following excerpt toward the end of the article (emphasis added), which speaks to the benefits of his use of *My Bionic Brain*[®].

...As part of his medical evaluations, Raschilla wound up at the VA in Leeds, where he joined the support group facilitated by speech-language pathologist Heather Morrison.

Morrison introduced Raschilla to a computer program called “My Bionic Brain,” a customized life management and day planner system for people with impaired memory.



Heather Morrison talks about the “My Bionic Brain” program that helps organize people’s lives and serves as a memory for those who use it. Purchase photo rights at PhotoDisc.

Raschilla says it’s been “a godsend.” The program, which Raschilla has with him on a tablet at all times, helps him keep track of appointments, tasks and day-to-day information about anything from medications to notes about how his week is going to questions that he wants to ask his physical therapist at their next meeting.

“It’s really helped me tremendously,” he said, “and that means less anxiety.” He taps the tablet: “My other brain,” he said. “Right here.

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Please pass along to whomever you think might be interested. Thanks.

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